



training anywhere, anytime – at your own pace

iCourses Training Pty Ltd - Level 1, 411 Collins Street Melbourne VIC 3000
info@icourses.com.au M +61 410 227731 T +61 3 8620 6211 F +61 3 8620 6202
www.icourses.com.au

‘Let’s stamp out bullying’ A strategy focused on prevention

WHAT DOES THE PROGRAM DO?

Media reports and professional studies continue to document the now well-known and serious consequences of school bullying. To help schools approach the issue of bullying in a proactive and cost-effective way, iCourses Training Pty Ltd has developed an online training program based on DE&T ‘Safe Schools are Effective Schools Strategy’ to educate the perpetrator, the victim and the bystander.

The iCourses ‘Let’s stamp out bullying’ program provides the right combination of information and online activities to help students identify bullying and other unacceptable behaviours and respond proactively. With this knowledge students then express their own feelings and experiences relating to bullying via an online survey. Schools can use survey results to resolve problems, gauge the current school culture and determine future training needs. A confidential comparison of results of all schools in the iCourses database is also available, providing a benchmark from which schools are able to measure improvement.

HOW IS THIS DONE?

The program is designed to assist in achieving a whole school approach to bullying. The following options detail the flexibility of access and variety of delivery options:

- Option 1:** Classes of students complete the online course within one lesson.
- Option 2:** Students complete the course in their own time, as a homework activity, in the library or anywhere with an online PC.
- Option 3:** Inclusion in a peer mentoring program - Senior Peer Leaders complete the program and help younger students through the program.
- Option 4:** Integration of the online component with other class activities over a five-lesson period - All required information is provided on a CD package.

WHAT'S IN THE PROGRAM?

The program available to all (or a selection) of students includes:

- Master copy of student workbook
- Online student surveys with summarised data
- Optional parent surveys (no additional cost)
- Assessment and certificate of completion
- Spreadsheet of successful student completions
- CD Package including instructions, checklists and a five-lesson plan pack
- Optional student 'Anti-bullying pledge signing ceremony' checklist and assistance - includes parents and public in a celebration of the completion of the program
- Discussion Board for students and parents and Email Trainer option
- Ability to customise content to a school's individual needs (photos, logos, school name, survey questions etc. This may attract an additional cost)
- Let's stamp out bullying wristbands (cost \$1 each)

WHAT ARE THE LEARNING OUTCOMES? (VELS)

- Physical, Personal and Social Learning
- Interpersonal Development
- Civics and Citizenship
- Health and Physical Education
- Interdisciplinary Learning
- Communication
- Information and Communications Technology (ICT)
- Discipline-based Learning
- English

HOW DO I KNOW THE PROGRAM IS WORTHWHILE?

Mr John Pech, Principal at Hampton Park Secondary College, Melbourne, Victoria said, "We were attracted to the innovative, whole school approach which compliments our current strategies and brings a number of benefits that can't be gained by traditional methods." iCourses can arrange contact with participating schools on request.

HOW DO I REGISTER?

Registration is online. The 'How to enrol' page on our website www.icourses.com.au includes an automatic calculator which reduces price per head as registration total increases. The 'Course list' provides current prices and volume discounts. For further enquiries email info@icourses.com.au or call 61 3 8620 6211.